

NEED TO TALK TO SOMEONE?



A variety of **counselling service options** are available to MBP graduate students.

SCHOOL OF GRADUATE STUDIES EMBEDDED COUNSELLORS

Free for any grad student
214 College Street, Room 111
416-978-8030, Ext.5

OISE PSYCHOLOGY CLINIC

\$25/Session
252 Bloor St. W., Suite 7-296
416-978-0620
oiseclinic@utoronto.ca

FREE WALK-IN COUNSELLING SERVICES

List of locations found at:
<https://www.utgsu.ca/insurance/walk-in-counselling/>

LINKMENTALHEALTH.CA

Find a therapist that meets your needs
and pay with your student healthcare
plan (up to \$500 coverage)