

EDI & you

The psychological echo chamber



Echo chamber:

An environment where people only experience opinions that are similar to their own and where alternative and contradictory opinions are not considered



EDI context

- "Is there even a point? There is no issue with EDI in MBP."
- "People are making a big deal out of nothing!"

"The perceptions of the majority always seem to lag the experience of the minority" - Dolly Chugh

Session details

Date: Friday June 28th 2019
Time: 2PM-3PM
Location: SG22, Sunnybrook Research Institute
Style: Focus Group

Escape your echo chamber

- **Engage:** eavesdrop on other people's echo chambers: Actually talk to people who are not like you.
- Opt for willful awareness.

"One of the simplest paths to deep change is for the less powerful to speak as much as they listen, and for the more powerful to listen as much as they speak"

-Gloria Steinem, My Life on the Road

Good reads

- **"How Good People Fight Bias: The Person You Mean to Be"** by Dolly Chugh.

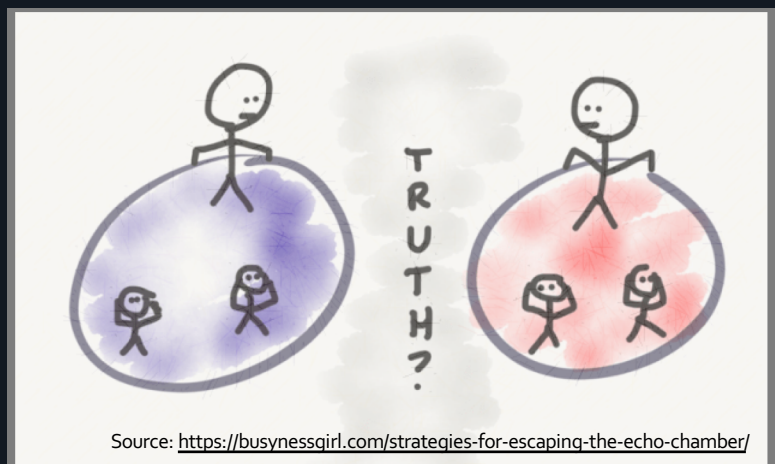
- **"Are Echo Chambers a Threat to Intellectual Freedom?"**

(<https://www.psychologytoday.com/ca/blog/digital-world-real-world/201903/are-echo-chambers-threat-intellectual-freedom>).

Flaxman, Seth, Sharad Goel, and Justin M. Rao. "Filter bubbles, echo chambers, and online news consumption." *Public opinion quarterly* 80.S1 (2016): 298-320.



Source: <https://observatory.tec.mx/edu-news/echo-chambers-critical-thinking-crisis/>



Source: <https://busynessgirl.com/strategies-for-escaping-the-echo-chamber/>



✉ Email:

steciamarie.fletcher@mail.uutoronto.ca